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Our Daughters and The Transgender Craze

Responding With Grace and Truth

Dr. Gary Yagel

Today, whole groups of female friends in college, high school, and middle school are coming out as “transgender,” including teen girls from Christian homes. Unsuspecting parents & church leaders are awakening to the announcement, “I’m trans.” This mini book lets you know what is happening and what to do about it.



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Dr. Gary Yagel’s Credentials

It seems reasonable to me that as you begin a booklet on the influence of those in the LGBTQ life, you would want to be certain of my commitment to both God’s inerrant Word and the gracious compassion of our Lord Jesus Christ. So, I begin with some of my background.

- Authored *Anchoring Your Child to God’s Truth in a Gender-Confused Culture: Helping Our Children Embrace Their Calling to Godly Manhood or Womanhood*, published by the Committee for Discipleship Ministries of the Presbyterian Church in America in 2018.
- Served 15 years as the Men’s Ministry Consultant to The Presbyterian Church in America.
- As visiting professor at Reformed Theological Seminary DC, taught *Making Kingdom Disciples*.
- BA from Penn State, MDiv from Gordon-Conwell Theological Seminary, DMin from Reformed Theological Seminary, Orlando.
- Former Young Life Leader, Youth Pastor, Church Planter, and Senior Pastor.
- Ordained pastor (TE) in the Presbyterian Church in America since 1982.
- Executive Director, Forging Bonds of Brotherhood men’s ministry www.forgingbonds.org.
- Signatory of the Council on Biblical Manhood and Womanhood *Nashville Statement*.
- Husband to a very patient wife of over 40 years with whom we raised five children.

This mini book’s teaching is consistent with the Presbyterian Church in America *Ad Interim Committee On Human Sexuality Report*, approved in June 2021.

Glossary of Terms

Anorexia nervosa: An eating disorder characterized by abnormally low body weight, an intense fear of gaining weight and a distorted perception of being overweight.

Binary: A view of gender identity based upon biology that recognizes two genders.

Non-binary: A view of gender based on one's subjective feelings about themselves.

Cisgender: One whose gender identity aligns with his biological gender.

Cis women: Radical gender ideology's term for women who believe they are women.

Comorbidities: A medical term for the simultaneous presence of two or more physical or mental diseases.

Contagion: The communication of disease from one person to another by close contact.

Gender affirming care: The medical protocol requiring that all doctors immediately affirm a child's self-diagnosis of having a wrongly gendered body and help the child medically transition to the opposite sex.

Gender identity: How one views himself as male, female, or other. Trans gender identity does not imply anything about sexual orientation.

Gender dysphoria: Emotional turmoil resulting from a lack of congruity between a person's gender identity and biological sex.

Gender nonconforming: Politically correct term for those claiming transgender identity.

Gender queer or queer: Not heterosexual. Nonbinary. Often used for gender fluid.

Intersex: A person or animal that has both male and female sex organs. This abnormality is not a new gender.

LGBTQ: Lesbian, gay, bi-sexual, transgender, queer. It is a category defined by the fractured view of sexual personhood described in the gender unicorn. (See p. 5).

Love: Giving to another what helps him or her flourish according to the way God designed them.

Puberty blockers: Chemicals given to children approaching adolescence that block their bodies' sexual development by shutting down part of the pituitary gland.

Rapid-onset gender dysphoria (ROGD): A condition of teen girls who experienced no childhood gender dysphoria but suddenly reject their female body during puberty, wanting to be boys.

Radical gender ideology: Militant worldview of fractured sexual personhood explained by Trans Student Education Resources Gender Unicorn. (See p. 5). Its hold can be so severe that, like Maoists or Fascists, they suppress all opposition to their worldview.

Same-sex attraction: sexual attraction to the same gender usually described as homosexual, gay or lesbian.

Secondary sex characteristics: Characteristics of the male & female body that come about during puberty like larger breasts, rounded hips, menstruation for women and facial hair, as well as greater muscle mass for men.

Sex assigned at birth: Extreme radical gender ideology's term for biological sex.

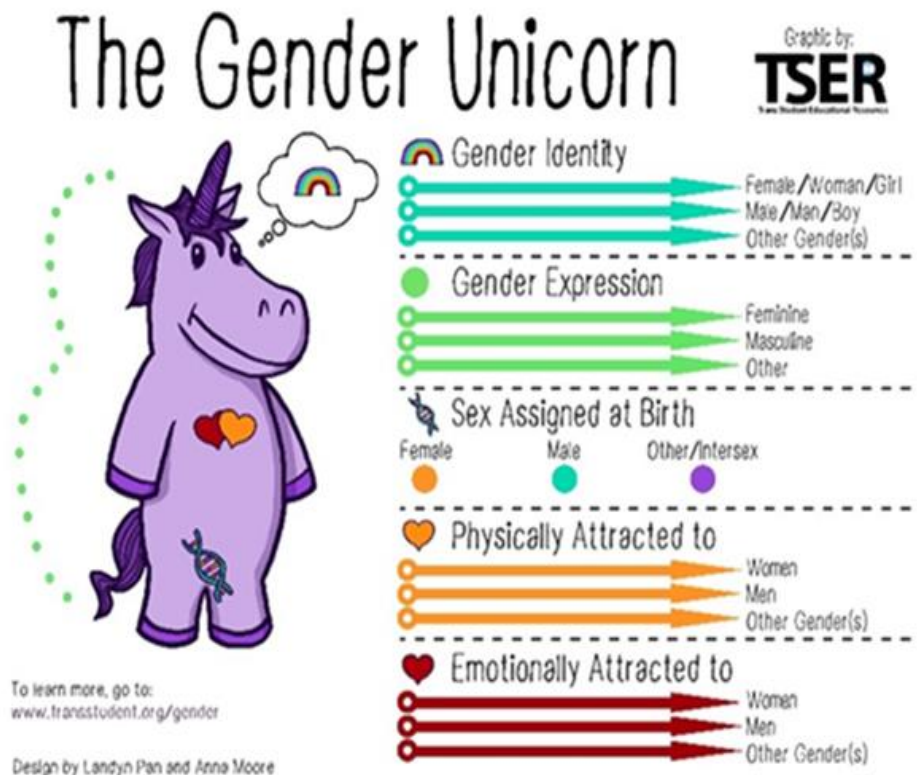
Social contagion: The communication of disease from one person to another through their social relationships.

Suicide ideation: The degree to which one entertains the idea of suicide.

Transgender or trans: Designating a person whose sense of personal identity and gender does not correspond to that person's biological sex.

Transitioning: Using puberty blockers, cross-sex hormones, breast, or genital surgery to try to change the body into the opposite sex.

De-transitioning: Regret-driven effort to return to one's original biological gender after irreversible hormone treatments or surgery has taken place.



INTRODUCTION

Is anything more precious than a little girl? What could be more heart-wrenching than for our little girls to start through puberty's upheaval of changing bodies and surging hormones, but then be deluded into thinking that their intense anxieties, fears, and self-doubts are caused by being in the wrong body? Is anything more abusive than allowing a child to make the decision to permanently mutilate her body and future through puberty blockers, testosterone, and "top" surgery? Is anything more terrifying than a loved one joining a population that has a 40%-50% suicide rate?ⁱ Can followers of Jesus Christ watch this happen and do nothing?

Last October, Barna Research released its finding that 30 percent of Millennials now identify as LGBTQ, and this increases to 39% among ages 18 to 24ⁱⁱ. These numbers are fueled by the recent explosion of teen girls claiming trans identity, often girls raised in Christian homes. These girls reject what the Bible teaches about gender, immerse themselves in trans ideology through trans social media influencers, become more hostile towards their "transphobic" parents, and insist on finding a doctor who will prescribe puberty blockers and testosterone. This mini book seeks to give you 1) a picture of what is happening, 2) a biblical perspective on this phenomenon, 3) a strategy to minimize the likelihood that our own daughters will embrace radical gender ideology, and 4) practical suggestions for being light to the secular world in the fields of medicine, public education, government policy, and athletics. Our little girls' futures and bodies are being permanently marred by radical gender ideology's increasing influence in our culture. If Christians remain silent, this destruction will continue.

The term *transgender* refers to a girl who thinks she is a boy or a boy who thinks he is a girl. It is important to note that a girl who rejects her feminine body, choosing a *trans identity* because she wants to be a boy, does not necessarily experience sexual or romantic attraction to other females. Being a *lesbian* and *trans* are different things. A *lesbian* does not deny her femininity, dislike her female body, or want to be a man. Being trans is about identity, not sexual attraction. (As Christians, we know they belong together; but *trans* is not *homosexual*.)

Here is an inside look at what has been happening to our precious teen daughters as seen through the eyes of a young British, non-Christian woman, named Keira Bell. The difficulties of puberty led her to think that the problem was her *female* instead of *male* body. She writes,

"I was a classic tomboy. I was accepted by the boys—I dressed in typically boy clothing and was athletic. I never had an issue with my gender; it wasn't on my mind. Then puberty hit. A lot of teenagers, especially girls, have a hard time with puberty, but I didn't know this. I thought I was the only one who hated how my hips and breasts were growing. Then my periods started, and they were disabling. Also, I could no longer pass as "one of the boys," so lost my community of male friends. But I didn't feel I really belonged with the girls either."

"By the time I was 14, I was severely depressed. Around this time my mother asked if I wanted to be a boy, something that hadn't even crossed my mind. I then found some websites about females transitioning to male. As I look back, I see how everything led me to conclude it would be best if

I stopped becoming a woman. My thinking was that, if I took hormones, I'd grow taller and wouldn't look much different from biological men.

“I began seeing a psychologist through the National Health Service, (in Great Britain). When I was 15—because I kept insisting that I wanted to be a boy—I was referred to the Gender Identity Development Service, at the Tavistock and Portman clinic in London. There, I was diagnosed with gender dysphoria, which is psychological distress because of a mismatch between your biological sex and your perceived gender identity. By the time I got to Tavistock, I was adamant that I needed to transition. It was the kind of brash assertion that's typical of teenagers. What was really going on was that I was a girl insecure in my body who had experienced parental abandonment, felt alienated from my peers, and suffered from anxiety and depression.

“After a series of superficial conversations with social workers, I was put on puberty blockers at age 16. They were designed to stop my sexual maturation: The idea was that this would give me a “pause” to think about whether I wanted to continue to further gender transition. By the end of a year of this treatment, when I was presented with the option of moving on to testosterone, I jumped at it—I wanted to feel like a young man, not an old woman. I was eager for the shots to start, and the changes this would bring. At first, the testosterone gave me a big boost in confidence.

“Over the next couple of years, my voice deepened, my beard came in, and my fat redistributed. I continued to wear my breast binder every day, especially now that I was completely passing as male, but it was painful and obstructed my breathing. By the time I was 20, I was being treated at the adult clinic. The testosterone and the binder affected the appearance of my breasts, and I hated them even more. I also wanted to align my face and my body, so got a referral for a double mastectomy and had....

Keira Bell's story is the same as thousands of other teenage girls today, even the daughters of our Christian homes and churches. Get a copy of this 48-page mini-book to find out what you can do to help protect our daughters and give the other copy away! Our girls need us all to help protect them!

ⁱ Reuters, *Survey finds 40% of U.S. LGBTQ youth considered suicide in past year*, July 15, 2020. <https://www.reuters.com/article/us-usa-lgbt-youth/survey-finds-40-of-u-s-lgbtq-youth-considered-suicide-in-past-year-idUSKCN24G1S7>

ⁱⁱ George Barna, “Millennials in America” https://www.arizonachristian.edu/wp-content/uploads/2021/10_/George-Barna-Millennial-Report-2021-FINAL-Web.pdf.